



# To Honor A Loved One

Coffs Harbour - December 9-11

## You're Invited...

Life's challenges sometimes bring us into painful conflict with those we love; conflict which can result in suffering that lasts a lifetime and trauma that gets passed on to others.

Sometimes the wake up call we receive comes when our loved one dies, and feelings such as grief, anger, resentment and regret remind us of the love we had but didn't fully give.

Joining our sacred circle at the *To Honor A Loved One* retreat is an opportunity to devote time *now* to honoring a loved one and all they mean to us. The courageous inner work in this retreat can bring about unpredictable miracles of the heart and set our spirits free—ours and even theirs.

**This is the invitation of our *To Honor A Loved One* retreats: to come alive with our love and free ourselves and loved ones from unnecessary suffering.**

If you're considering joining us, first ask your heart to choose a loved one with whom you're facing conflict, distance or suffering: your mother or father; brother or sister; son or daughter; husband, wife or former partner.

We invite you to come in the spirit of giving your time, your energy and your love to this one person. Giving, not from expectation or obligation; but rather giving as an act of trusting and loving.

We invite you to come in the spirit of participating in a sacred gathering in a spirit of openness, emptiness and contribution—ready to share, to connect and to receive.

We invite you to come ready to listen to the authority your heart and your body, trusting and honoring the wisdom that resides within.

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## Join us for a relaxing retreat in our spacious home at Charlesworth Bay Beach in Coffs Harbour!



### FAQ

**Q: Where can I learn more about Michael and his work?**

Michael's iStand Retreats:  
[www.visionforce.com/about/istands/](http://www.visionforce.com/about/istands/)

Michael's Professional Site:

[www.michaelivanskye.com](http://www.michaelivanskye.com)

The Honor Window Process:

[www.honorwindow.com](http://www.honorwindow.com)

**Q: Will I be required to share truths about myself or my past which I am not comfortable sharing?** You will not be pressured in any way to share anything you don't feel safe to share. The entire weekend is held with deep honor for your personal experience and desires.

**Q: Is this retreat based on a particular belief system, philosophy or doctrine?** No. Michael holds a space that is belief-neutral.

**More Questions?** Contact Michael: [miskye@gmail.com](mailto:miskye@gmail.com).

VisionForce founder, Michael Skye from Austin, Texas will be facilitating this retreat along with Rachael Bush, his host here in Australia.

Michael has been facilitating his powerful retreats and transforming lives across four continents over the last decade. The work we'll be doing is based on his transformative Honor Window process.

Arrive when you like Friday afternoon or evening. We'll hold a special welcome & orientation discussion at dinner about 7:30pm.

Saturday and Sunday begin as early as you like. You're welcome to join us for a sunrise hike along the cliffs, followed with a dip in the ocean, yoga

with Rachael, and breakfast.

Throughout the day when we're not in session, we'll enjoy time alone, at rest and in nature. Sunday we end around 6pm.

If you are one of the first six guests to register, Rachael can host you in her home Friday and Saturday nights. We can also help you find local accommodations if needed.

***Couples With Room \$777,  
Couples w/o Room \$677***

***Singles w/ Shared Room \$444,  
Singles w/o Room \$377***

Please make your reservation with a \$100 non-refundable deposit.

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**RESERVATIONS: Please make your reservations by calling Rachael at 66515544.**

